



Saturday 29th April 2017

25 MILE CHARITY RIDE



START & FINISH LINE
JOLLY SAILOR PUB
BRANCASTER STAITHE

LUNCH STOP:
Ingoldisthorpe
13 Miles

BRANCASTER STAITHE

- Ringstead
- Sedgeford
- **INGOLDISTHORPE LUNCH STOP - 13 Miles**
- Ingoldisthorpe
- Shernborne
- Fring
- Docking

BRANCASTER STAITHE



EMERGENCY TELEPHONE NUMBERS

Day time co-ordinator - Nicola Wheeler - 07870 191098 First aid support - Paul - 07809 546238

On Route Mechanic - Trevor - 07854 707504